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Park Orchards Community House & Learning Centre



Term 4, 2026 Courses & Activities

New Courses & Workshops



Kokedama Workshop

NEW



Discover the Japanese art of Kokedama and create your own moss-covered plant! Learn how to shape, wrap and care for your Kokedama, with tips on plant selection and creative ways to display it. No experience needed, just bring your creativity and take home your own unique living artwork. Materials provided.

Saturday 12 December, 10:00am - 12:00pm

\$95

Terrarium Workshop

POPULAR

Create your own mini living garden! Learn to layer soil, pebbles, moss and plants to design a beautiful glass terrarium. With step-by-step guidance and all materials provided, you will take home a unique piece of greenery for your home or as a handmade gift.

Saturday 10 October, 10:00am - 12:00pm

\$95

Candle Making Workshop

Ignite your creativity in our beginner-friendly candle-making workshop! Using soy wax, essential oils or fragrances, and dried flowers, you will create two beautiful, unique candles to take home. Learn step-by-step techniques you can continue at home, making this workshop a great way to explore a new craft and create thoughtful handmade gifts. All materials provided.

Saturday 28 November, 10:00am - 12:00pm

\$85



Bookbinding Workshop

Learn to make your own beautiful book using the traditional Chain Stitch binding method and papers from around the world. With guidance from experienced bookbinder Emily, you will create a book to keep or gift while learning techniques you can repeat at home. No previous bookbinding experience required!

Saturday 14 November, 10:00am - 3:30pm

\$90

Succulents Sandscape Workshop

NEW

Create your own colourful desert landscape in a glass bowl! In this fun, hands-on workshop, you will layer vibrant sands, arrange stones and plant your own beautiful succulents to create a unique living artwork. Perfect for beginners, you will be guided through each step and take home a stylish, easy-care planter to brighten up your home. Also makes a unique gift! All plants, materials and tools are provided – just bring your creativity and have fun.

Saturday 24 October, 10:00am - 12:00pm

\$95



Needle Felting – Pocket Pals Workshop

Spend a creative morning discovering the art of needle felting. Using soft, natural wool, create your own felted friend, reflecting your personal style and imagination. Perfect for beginners, this hands-on workshop is a lovely way to explore a new craft in good company. All tools and materials are provided, including a take-home felting kit to continue crafting at home.

Saturday 7 November, 10:00am - 1:00pm

\$75

Dementia Together

NEW

Join us for this new welcoming and inclusive monthly social program for people living with early-stage dementia and the family members or carers who support them! Each session offers an opportunity to meet others, share experiences, enjoy familiar activities, and simply spend time together. Come along, enjoy a cuppa and connect with others in the community!

Meet first Wednesday of the month, 10:00am - 12:00pm

For the full event details including price, dates, and more please turn to the inside page. Bookings essential.

Learn Local – Pre-accredited Training



Learn Local courses can help you get the skills you need for study, work and life. Learn Local courses are government subsidised and are offered at low or no cost to eligible Victorian adults. Class sizes are small, with training delivered by highly experienced professionals in a relaxed environment. **Check our website for more details or contact us.**

Floristry

Learn floral design skills—from wrapping and tying to arranging and more. Create a variety of beautiful floral arrangements while learning colour harmony and proper care techniques. Make a new piece each week, including charming hand-tied posies, elegant gift boxes, and exquisite corsages. Our hands-on approach ensures practical experience, working directly with a diverse selection of flowers and foliage. Build both confidence and creativity as you learn to handle and arrange materials with precision and flair. All flowers and materials are included, with an optional \$30 toolkit available to keep.

Introduction to Floristry

Tuesday 13 October - 8 December, 10:00am - 12:00pm, 8 weeks

Wednesday 14 October - 9 December, 12:30pm - 2:30pm, 8 weeks

\$255 (Concession \$200*)

Level 1 Floristry

Tuesday 13 October - 8 December, 12:30pm - 2:30pm, 8 weeks

\$255 (Concession \$200*)



Mental Health for Everyday Life (Online)

This introductory course is designed for carers, volunteers and those who want to build a stronger understanding of mental health. Explore common mental health challenges, recovery-oriented and trauma-informed principles, and practical ways to recognise and respond to distress with empathy and confidence. Through discussion and guided activities, develop communication skills and strategies to support others in everyday situations while learning how to protect and care for your own wellbeing.

Wednesday 14 October - 18 November, 7:00pm - 9:00pm, 6 weeks

\$65 (Concession \$35*) **Special price \$15 (Concession \$5*)**



How to Use AI

This friendly, hands-on course is perfect for beginners wanting to explore the possibilities of AI. Learn how AI tools can make everyday tasks easier and more enjoyable, like planning trips, writing emails, finding recipes, or managing simple digital tasks. The course also covers how to use AI safely and responsibly, with practical tips on privacy, online safety, and building confidence in the digital world.

Monday 12 October - 7 December, 12:30pm - 2:30pm, 8 weeks

\$15 (Concession \$5*)

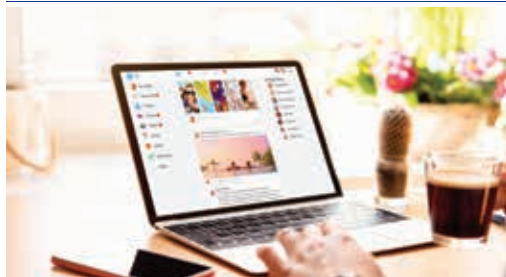
*Concession prices for ACFE courses are capped at \$50 tuition per calendar year. Course fees may incur additional costs such as administration, materials, amenities, etc. For more information about the fee structure for pre-accredited courses please speak to one of our friendly staff.

Park Orchards Community House & Learning Centre Inc.

9876 4381

Canva for Social Media (Online)

NEW



Whether you are promoting a business, community group, creative project or simply want to build your social media skills, this practical course will help you create engaging content using Canva. Learn to develop a visual style, create and adapt content, use templates and creative tools, find inspiration, and plan your content. Explore Canva's image, video and animation features, with plenty of hands-on time and individual support throughout the course.

Tuesday 13 October - 1 December, 7:00pm - 9:00pm, 8 weeks

\$75 (Concession \$40*) **Special price \$50 (Concession \$20*)**

Introduction to Creative Writing (Self-paced) **FREE**

Over the duration of this practical yet creative course, you'll engage in a variety of writing exercises and receive personalised feedback on your work. This course is delivered via a flexible online format and allows you to learn at your own pace, making it easy to fit into your schedule!

Wednesday 7 October - 25 November, Flexible online format, self-paced

Storytelling for Writers **FREE**

Take the next step in your creative writing journey! Delve deeper into storytelling techniques including voice, dialogue, genre, perspective and editing while experimenting with new ideas and writing styles. Weekly lesson packs and prompts will encourage you to build confidence, develop your creativity, and discover new ways to bring your stories to life. Suitable for both returning and new writers.

Wednesday 7 October - 25 November, Flexible online format, self-paced

Writing Across Genres **FREE**



Explore different genres, experiment with conventions and discover new possibilities for your writing. Delve into a new genre each week: mystery, romance, horror, fantasy, memoir, and more. Expand your writing horizons with different activities, prompts, reading recommendations, and weekly feedback and support. Whether you prefer writing poetry, fiction, scripts, or something else, this course is adaptable to different mediums—work in the form that interests you! Suitable for new writers and seasoned writers alike.

Wednesday 7 October - 25 November, Flexible online format, self-paced

www.parkorchards.org.au

enrol@parkorchards.org.au

All Abilities Courses

Designed for people with additional learning needs, these courses build communication, literacy, numeracy, confidence, and social skills. Activities are tailored to individual goals. Carers, support workers, and assistance animals are welcome. Free trial offered.

Let's Cook!

Build confidence in the kitchen and learn to prepare a variety of simple, tasty recipes. All ingredients included.

Enquire now for 2027

Creative Art

Explore a wide range of art materials and forms while creating your own unique artworks in a supportive, social environment. Enjoy expressing your creativity. All materials are provided.

Friday 9 October - 11 December, 12:45pm - 2:45pm, 10 weeks

\$120 per term*

Creative Writing (Self-paced)

FREE

Write at your own pace with this online, accessible course. Lessons, exercises and personalised feedback are sent by email. Explore personal reflections, short stories and more!

Self-paced, no classes - join any time!

Nature in Art



Natural History painting combines artistic creativity with scientific accuracy, often using live subjects or photos for reference. Students explore various methods and techniques, guided to achieve accuracy while nurturing their unique style.

Terry Napier

Join botanical artist Terry Napier, founder of Nature in Art, for a hands-on exploration of Natural History watercolour painting. Learn techniques for realistically depicting plants, native animals and birds, and colour mixing. Suitable for beginners and experienced artists.

Monday 5 October - 30 November, 7:00pm - 9:30pm 8 weeks

Tuesday 6 October - 1 December, 9:30am - 12:00pm 8 weeks

Tuesday 6 October - 1 December, 1:00pm - 3:30pm 8 weeks

Peta Harrington

Peta will guide you through the techniques needed to create realistic Natural History paintings using pencil and watercolour, focusing on flora and fauna as your subjects. Learn to capture the details and beauty of your subjects. Peta tailors her teaching to all skill levels, offering support and encouragement to help you refine your skills.

Wednesday 7 October - 25 November, 9:30am - 12:00pm 8 weeks

Friday 9 October - 27 November, 9:30am - 12:00pm 8 weeks

\$240

Peta McDonald

Explore the connection between Science and Art with Peta McDonald. In these structured classes, learn to accurately draw natural subjects using sketching, shading, colour, texture, progressing from graphite to coloured pencils. Suitable for beginners and experienced artists.

Wednesday 7 October - 2 December, 1:00pm - 3:30pm 9 weeks

Friday 9 October - 4 December, 1:30pm - 4:00pm 9 weeks

\$268.75



Join us for this welcoming and inclusive monthly social program for people living with early-stage dementia and the family members or carers who support them.

Enjoy a relaxed morning of conversation, connection, light refreshments, and optional activities in a friendly, supportive environment. Each session offers an opportunity to meet others, share experiences, enjoy familiar activities, and simply spend time together. Come along, enjoy a cuppa and connect with others in the community!

Meet first Wednesday of the month, 10:00am - 12:00pm

Next meetings: 7 October | 4 November | 2 December

\$5 per participant per meeting, carer/support person free

Bookings essential, please visit our website or call our office.

Seniors Month Workshops!



The Victorian Seniors Festival is a major state-wide celebration for Victorians aged 60 and over, offering a month of fun, events, and activities throughout October. We are excited to participate in this festival with a range of activities designed to enhance your well-being and keep you connected!

Floristry Workshop

Watch a practical demonstration from an experienced florist, then create your own beautiful small posy in a teacup to take home. Learn simple flower arranging techniques, discover tips for caring for fresh flowers, and enjoy spending time with others in a friendly and welcoming environment. No experience necessary—all materials are provided.

Tuesday 6 October, 10:30am - 12:00pm

\$10

Introduction to AI and Scam Awareness

Curious about Artificial Intelligence and how it is changing the world around us? Join us for this beginner-friendly workshop! We'll also cover common scams, new technologies and tips to stay safe online.

Wednesday 14 October, 10:00am - 11:30am

\$5

Downsizing While Keeping Your Life Story

This informative workshop will explore the practical and emotional aspects of downsizing, helping you approach the process with confidence and clarity. With a respectful, person-centred approach, this session will provide useful tips and guidance to help make downsizing feel more manageable and less overwhelming.

Wednesday 21 October, 10:30am - 12:00pm

\$5

Health and Fitness



Regular group exercise is a great way to improve both physical health and mental well-being. Join us at Warrandyte South Hall for classes that are suitable for all fitness levels, led by our experienced and supportive instructors. **Enquire about a FREE trial session anytime!**

To register, select 'Free Trial' option for any health and fitness course at checkout via our website.

Monday

Yoga and Mindfulness



Yoga and mindfulness helps to improve focus and self-awareness. In these classes you will practice Hatha Yoga which involves exploration of breath, postures and meditation to reduce stress and anxiety. This wonderful, inclusive class is suitable for all levels and abilities.

Monday 6:30pm - 7:30pm

5 October - 7 December, 9 weeks

\$154

Tuesday

Yoga



Enjoy this practice, which is shown to reduce stress, improve flexibility, and increase mobility. Start your day and week right with this safe, inclusive, and encouraging class which is suitable for all levels of ability and experience.

Tuesday 9:30am - 10:30am

6 October - 8 December, 9 weeks

\$154

Stay Fit/Live Fit



A fitness class suited for our 50+ community who are looking to keep or build strength and flexibility for functional health! Combine strength, fitness and balance training while making friends and having fun. The class will involve resistance exercises, and weight training to help develop self-confidence, flexibility and cardio health.

Tuesday 12:30pm - 1:30pm

6 October - 9 December, 9 weeks

\$100

Wednesday

Yoga

Increase your health and wellbeing with this relaxing yoga practice. This class incorporates breathing exercises, delivered at a gentle pace making it suitable for all ages and levels of fitness. Leave feeling uplifted, refreshed and energised.

Wednesday 1:30pm - 2:30pm

7 October - 9 December, 10 weeks

\$170

Men's Fitness & Wellness

NEW



A welcoming program for men to build fitness, confidence, and connection in a supportive environment. Sessions combine beginner-friendly strength training and High Intensity Interval Training (HIIT) circuits with practical information and conversations about health, nutrition, and wellbeing. Led by a qualified trainer and wellbeing coach, the program supports physical and mental wellbeing in a relaxed setting. No fitness experience needed – move at your own pace.

Wednesday 7:00pm - 8:00pm

7 October - 9 December, 10 weeks

Special price: ~~\$240~~ now \$170

Thursday

Tai Chi

Tai Chi is a gentle exercise combining slow, smooth movements and mindful breathing to relax the body and calm the mind. Learn flowing movements designed to improve balance, coordination and flexibility. Each session focuses on progress and relaxation. Suitable for beginners and those seeking low-impact movement.

Thursday 9:30am - 10:30am

8 October - 10 December, 10 weeks

\$170

Rhythm & Movement

Movement not only stimulates our muscles and circulation but also supports mental health, boosts mood, and helps us express ourselves. This class combines structured and freestyle dance (including ballroom and global styles) with a focus on strength, control, and coordination. Join us for a fun, energising way to move your body, clear your head, and enjoy the rhythm.

Thursday 11:00am - 12:00pm

8 October - 10 December, 10 weeks

\$170

Are you an unpaid carer?

Carers receive 5% off any course with the Carer Friendly logo.



Clubs and Groups

Dementia Together

NEW

Welcoming and inclusive program for people living with early-stage dementia and the family members/carers who support them.

First Wednesday 10:00am - 12:00pm (monthly)

\$5 per participant per meeting, carers free

Social Walking Group

FREE

Explore new and interesting places, and enjoy a walk and then lunch together!

Third Thursday 9:30am - 1:30pm (monthly)

Weekly Walkers

FREE

Join our local weekly walks for relaxation, fitness, or simply to connect with others.

Tuesday 9:00am - 10:00am (weekly)

Beekeeping Club

FREE

Connect with local beekeepers, take part in activities, discussions, projects, guest speakers. Gain confidence as a beekeeper.

First Tuesday 6:00pm - 7:00pm (monthly)

Genealogy

FREE

Research and share knowledge about tracing your family tree.

First Saturday 2:00pm - 4:00pm (monthly)

Garden Lovers

FREE

Help keep our garden beautiful in the company of other passionate gardeners!

Tuesday 10:30am - 12:00pm (weekly)

Photography

Connect with fellow photography enthusiasts, share ideas, and more. *A \$6.00 per member annual Victorian Association of Photographic Societies affiliation fee applies

First Thursday 7:00pm-8:30pm (monthly)

Book Club

FREE

Connect with fellow book lovers and enjoy discussions about monthly reads.

First Monday 7:30pm - 9:00pm (monthly)

Scones Together

FREE

Seniors, join us for this free social event. Enjoy scones, guest speakers, and fun!

First Monday of each month, 1:30pm - 3:30pm

Acknowledgements

Park Orchards Community House & Learning Centre Inc. (ABN: 18 790 057 404, INC: A0011092D) is a Registered Training Organisation (4008) and gratefully acknowledges funding support from:

Neighbourhood Houses Victoria



Manningham City Council



Adult Community & Further Education (ACFE)



Accredited Training is delivered with Victorian and Commonwealth Government Funding



Government Funded places will be offered to eligible applicants as indicated by the Department of Education and Training

www.parkorchards.org.au

Vocational Education & Training



Our courses are led by highly experienced trainers with extensive training and industry experience. They possess an in-depth understanding of adult learners, especially those who are returning to study. Our small class sizes provide personalised attention for each student. **UPDATE: You may be eligible for a government-subsidised place, even if you already have a higher qualification. *Funding eligibility criteria apply and availability and criteria can change, so please check with us for the latest details.**

Certificate III in School Based Education Support CHC30221

Are you interested in assisting children in schools? As a qualified Education Support Worker, you can pursue a fulfilling career in education, playing a vital role in supporting students with diverse learning needs and contributing to their educational journey. You will provide support to both teachers and students within the school environment. This nationally recognised training is ideal for employment as an Education Support Assistant, Support Worker for children with disabilities, or a Teacher's Aide. Additionally, this certificate can serve as a stepping stone for further study in the field of education.

Face-to-face delivery in Park Orchards

Commencing 3 December (Tuesday & Thursday), 9:15am - 3:15pm, or
16 February 2027 (Tuesday & Thursday), 9:15am - 3:15pm, or
26 April 2027 (Monday & Wednesday), 9:15am - 3:15pm

Real-time Zoom delivery (first aid face-to-face in Park Orchards)

Commencing 27 April 2027 (Tuesday & Thursday), 9:15am - 3:15pm
Funded \$438.99 | Funded concession \$276.85*

Certificate III in Early Childhood Education and Care CHC30125

Are you passionate about making a difference in children's early years? Discover a rewarding career that allows you to inspire and shape the future generation. Our nationally recognised and accredited Certificate III in Early Childhood Education and Care is your gateway to becoming an Early Childhood Educator, Kindergarten Assistant, Nanny, or working in Out of School Hours Care. This comprehensive course harnesses your creative and communication skills while providing essential knowledge for nurturing and supporting young children's development. Embark on a fulfilling journey in the early childhood industry and gain the vital skills needed to make a positive impact on young minds.

Flexible delivery, face-to-face or real-time Zoom

Commencing 24 November (Tuesday & Thursday), 9:15am - 3:15pm, or
9 February, 2027 (Tuesday & Thursday), 9:15am - 3:15pm
Funded \$493.66 | Funded concession \$286.12*

Identify and Report Children and Young People at Risk CHCPRT025

This refresher program helps qualified educators strengthen their skills in recognising and reporting abuse, neglect, or harm in children and young people. Designed for educators and professionals in childcare, education, health and community services, it covers legal and ethical responsibilities, workplace procedures and key legislation. Completing this unit supports safe environments and duty of care obligations.

Enrol anytime - Delivered online, study in your own time. Refresher program, suitable for experienced ELC Staff.
\$150

Group discount may be available, contact us for a quote.



Diploma of Early Childhood Education and Care CHC50125

Exceptional Early Childhood Educators have the power to shape a child's future, fostering success, well-being, and a lifelong love for learning. This course covers essential topics such as learning frameworks, child health and well-being, leading educational teams, and much more. You'll also build confidence in supporting diverse needs and creating meaningful learning experiences. Completing the Diploma of Early Childhood Education and Care provides you with the opportunity to advance your career, deepen your knowledge, gain professional recognition, increase your earning potential and make a lasting impact as a leader in the field.

Commencing 18 September 2026 (Friday), 9:15am - 3:15pm, or
12 Feb 2027 (Friday), 9:15am - 3:15pm

Funded \$537*

Certificate IV in Training and Assessment TAE40122



This nationally recognised and accredited course qualifies you to deliver nationally accredited vocational training in registered training organisations (RTOs), TAFEs, enterprises, community organisations, and schools. You will develop skills in the design, delivery, and assessment of vocation-based training. After completing the course, you will have gained knowledge on how to perform competency-based assessments, develop learning programs based on national training packages, deliver presentations, train groups and individuals, and address learners' language, literacy, and numeracy skills.

Commencing 7 October 2026 (Wednesday), 9:00am - 4:30pm, or
4 March 2027 (Thursday), 9:00am - 4:30pm
Funded \$895.50 | Funded concession \$368.25*

ACE Scholarship - The Department of Jobs, Skills, Industry and Regions is offering scholarships to support people pursuing a rewarding career as a pre-accredited (ACFE) trainer in Learn Local settings across Victoria. [Enquire for more information*](#)

Certificate IV in Training and Assessment TAE40122 - Upgrade

Upgrade to the latest TAE40122 qualification. Our program is designed specifically for experienced VET Trainers and Assessors who hold TAE40116 Certificate IV in Training and Assessment and have accrued at least two years of training experience delivering nationally recognised qualifications or units of competency within the past four years. This is an individual RPL process with no set intake dates, allowing you to enrol anytime and complete the process online, with no class attendance required.

Enrol anytime - study in your own time
\$400 - \$500* (variation based on units eligible for credit transfer)

Early Learning Centre

Session Times

Our Early Learning Centre session times allow families able to choose pickup at either 1:00pm or 5:00pm for greater flexibility. This schedule is designed to offer more convenience and options for families, while giving children extra time to learn, play, and grow in a supportive and engaging environment.

Sessions and Fees – Term 4, 2026

Monday to Friday

8:00am - 1:00pm \$93.75*

8:00am - 5:00pm \$168.75*

Annual Enrolment fee \$20

A SunSmart hat will be provided to each child.

*Fees listed are before Child Care Subsidy (CCS) has been applied.

One room, one team – present, engaged, and connected

Our not-for-profit Early Learning Centre operates as a multi-age group service, allowing children to learn from and with each other in a natural, community-focused environment. Our centre is one large, open floor space that encourages freedom of movement and collaboration, creating a safe and connected space for children to interact and connect.

The team offer our children flexible learning opportunities to enjoy the choice of both indoor and outdoor play spaces, encouraging active and meaningful exploration and supporting a healthy body and mind through play in a safe setting. We have been offering childcare for over 30 years, building strong connections with our families, and offering inclusive, flexible, and future-focused early education that prepares children for lifelong learning.

Our Educators offer stability, experience and engagement supporting children in our care. Our team of educators have been with us for many years which builds strong, trusting relationships with each child, supporting their individual development through our play-based program that fosters curiosity, creativity and exploration. Our educators' long-term commitment to our service helps create a consistent, nurturing environment where every child is known and valued. To maintain and ensure a high standard of care during staff absences, we have our own dedicated relief bank of casual Educators that are familiar faces who understand our routines, children, and our values.



The Early Learning Centre operates Monday to Friday during school terms. We welcome children aged 0-6 years and offer both permanent and casual booking options (dependent on availability), and you have the flexibility to tailor care to your needs. At our service, we believe in fair and transparent fees – you only pay for the care you use. We do not charge for public holidays or absences (with a minimum of 48 hours' notice given).



School Holiday Childcare Sessions

We offer casual school holiday care during each of the term breaks throughout the year, on a Tuesday, Wednesday and Thursday.

This is also available for school-aged children not currently enrolled in our service (under 7 years of age).

Please contact office@parkorchards.org.au or call us for more information on (03) 9876 4381.

Children's Week – 24 October - 1 November



Children's Week is a national celebration recognising the talents, achievements and rights of children. The theme for Children's Week 2026 is Children have the right to use their own language, celebrate their culture and practise their religion. This year's theme celebrates the diversity of children and the importance of supporting them to express their identity, culture and beliefs.

To celebrate at our centre, we are excited to welcome an **African drumming workshop** for children. Through music, rhythm and hands-on participation, children will have the opportunity to engage with and learn about African culture in a fun and interactive way. To learn more about this week you can visit:

www.childrensweek.org.au/childrens-week

National Recycling Week – 9-15 November



National Recycling Week, an initiative of Planet Ark, encourages Australians to think about what we use, reuse and recycle.

Manningham Council supports this initiative through a range of activities and resources that help our community learn more about reducing waste. It is a great opportunity for children to learn about recycling and sustainability in fun, practical ways, while developing positive habits that can help care for our environment. Learn more: www.planetark.com/programs/national-recycling-week

SunSmart Global UV app

UV radiation can't be seen or felt and can be harmful on warm, sunny days and on cool, cloudy days too.

The new, free SunSmart Global UV app puts sun protection advice at your fingertips, so you know when UV levels can damage your skin leading to skin cancer – wherever you are in the world.

To access and download the app you can visit:

www.sunsmart.com.au/resources/sunsmart-app



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